

# Communitas

## Wakefield Day Program



### Mini-Golf Adventure

Room 10 participants enjoyed a day of mini-golf at Paradise Family Golf in Middleton. They cheered each other on and enjoyed one of the last warm autumn days of the year.



Brian (above) gives the staff our group count.



Emily (left) successfully lines up a tough shot squeezed against an obstacle.

Eric (right) gets a shot in under par.

## Cooking Curriculum



Participants from Room 4 chose a recipe, made a list, comparison shopped, and used their kitchen skills to make a delicious spaghetti and meatball dish from scratch for all to try. More recipes to come!

Andrew (below) selected the meat



Allison (above) chooses the spices and seasonings



# Communitas



As a way of giving back to the community the participants have been honing their bread-baking skills in the kitchen. The entire building fills with the comforting aroma of fresh bread as our cooking groups have participants taking turns reading off and following the recipe—measuring, mixing, and baking. We wrap up by delivering the finished loaves to various local groups, such as the fire department, nursing home, or police department. We even provided all the tasty bread for our Friendsgiving Feast!



The Communitas Friendsgiving Feast was a success! With turkey, mashed potatoes, cranberry sauce, and much more, the team prepared a delightful spread for everyone to enjoy.

Our event was filled with music, great food, and reflective discussion on what we're most thankful for. Another Thanksgiving celebration full of warm and cheerful memories for all.



*Everyone loves pajama day!*