

# Feeling Sick or Exposed to COVID-19

## Now What?



This poster is strictly for general advisement purposes and does not constitute medical advice. You should contact your Primary Care Physician if you have questions about your symptoms or medical status.

### UNVACCINATED

### VACCINATED\*

#### If you test positive for COVID-19

##### ISOLATE

Isolation is required for 5 days. If you are asymptomatic or symptoms are resolving (must be without fever for 24 hours), follow that by 5 days of wearing a well-fitted mask to minimize the risk of infection others.

#### If you are exposed to COVID-19 and have NO symptoms

##### Quarantine & Get Tested

Quarantine for 5 days followed by 5 days of strict mask use.

Testing should occur after five days.

##### Monitor & Get Tested

Wear a well-fitted mask for 10 days.

Testing should occur after five days.

#### If you are exposed to COVID-19 and have ANY symptoms

##### Quarantine & Get Tested

Quarantine should commence immediately and testing should be done as soon as possible.

If positive, follow above isolation protocol.

#### If you have ANY symptoms of COVID-19 and no known exposure

##### Quarantine & Get Tested

Quarantine should commence immediately and testing should be done as soon as possible.

If positive, follow above isolation protocol.

\* Vaccinated for the purposes of the new CDC guidance means a person who has received their full series as well as a booster shot OR completed the primary series of Pfizer/Moderna within the last six months OR completed the primary series of Johnson & Johnson within the last two months.